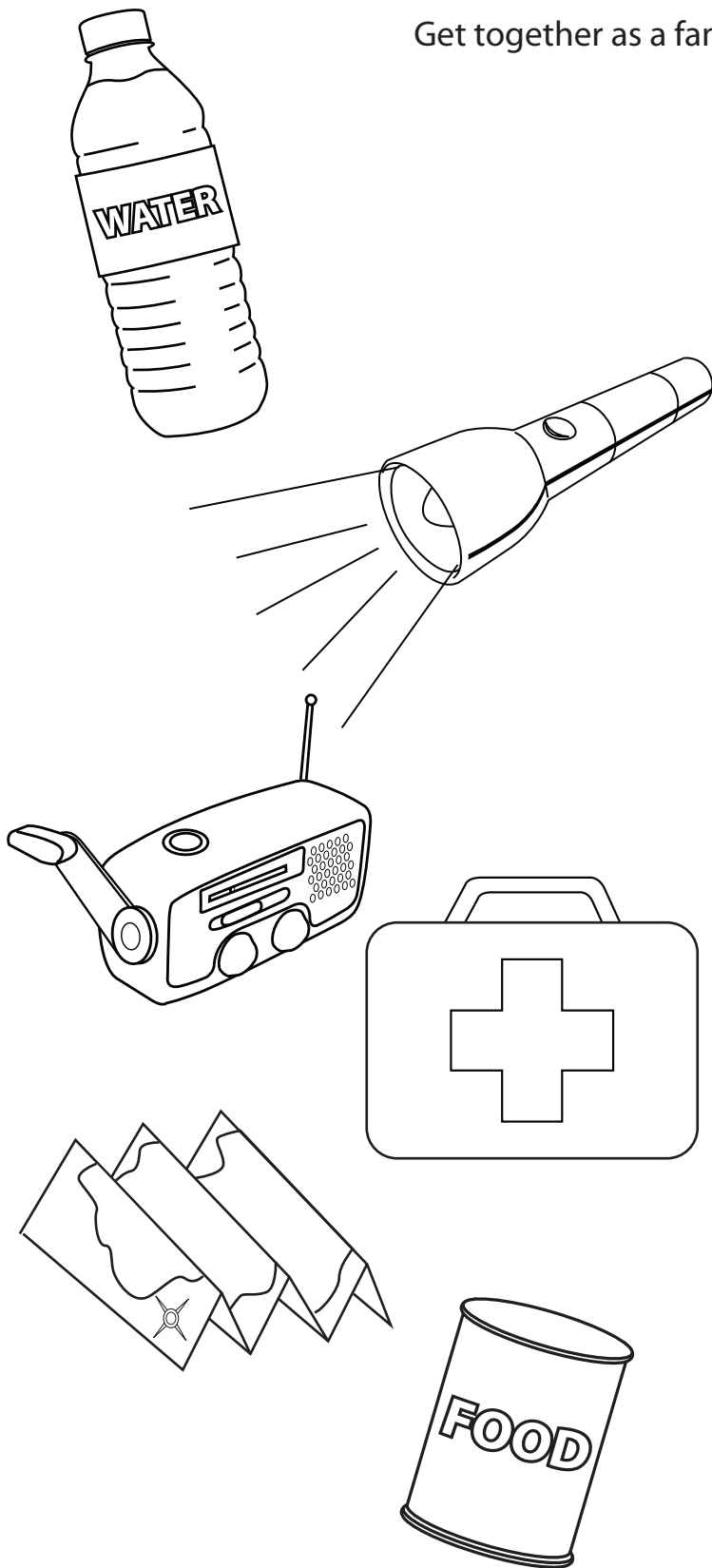


HOW TO MAKE A DISASTER KIT

Get together as a family and make a kit.



A basic emergency supply kit could include the following items:

- Water, one gallon of water per person per day for at least three days, for drinking and cleaning
- At least a three-day supply of food that won't spoil, like canned or dried food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask to help filter dirty or harmful air and plastic sheeting and duct tape to help keep you safe until danger has passed
- Baby or hand wipes, garbage bags and plastic ties for cleaning up trash and messes
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers
- Emergency contact numbers and names (Doctor, Grandparents, etc.)